Coverage Period: 01/01/2022- 12/31/2022 Coverage for: Individual | Plan Type: EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-773-7218. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-888-773-7218 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 Tier 1 / \$1,500 Tier 2	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-Network preventive care, In-Network office services where copay applies.	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$1,350 Tier 1 / \$6,800 Tier 2 & Rx OOP Max are combined.	The out of pocket limit is the most you could pay in a year for covered services.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, health care this plan doesn't cover and penalties for failure to obtain pre-authorization.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For Prime Providers: <a href="https://app.strivebenefits.com/PHS">https://app.strivebenefits.com/PHS</a> User ID = PHS PW = Benefits	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network</u> provider for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. Contact Prime Healthcare Utilization Management Department at 1-877-234-5227 or fax 909-235-4414	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146 Released on April 6, 2016



All **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Tier 1 Prime Healthcare (You will pay the least)	Tier 2 BCBS BlueCard (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$10 <u>copay</u>	\$40 <u>copay</u>	Tier 2 Pediatrician \$10 copay	
If you visit a health	Specialist visit	\$10 <u>copay</u>	\$60 <u>copay</u>	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	No Charge	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No Charge	20%	None	
	Imaging (CT/PET scans, MRIs)	No Charge	20%	None	
	Generic drugs	\$10 <u>copay</u> Express Scripts:	Retail \$5 <u>copay</u> or mail order Retail \$10 <u>copay</u> or mail order	Retail up to a 30 day supply. Mail order up to a 90 day supply.	
If you need drugs to treat your illness or condition More information about	Formulary brand drugs	Prime Pharmacy: Retail \$20 copay or \$40 copay mail order Express Scripts: \$30 copay or \$60 copay mail order		Maintenance drugs filled at a retail pharmacy up to 30-day supply.	
prescription drug coverage is available at www.express-	Non-formulary brand drugs	Not Covered		Non-formulary brand drugs are not covered unless prior authorization is obtained through Express Scripts.	
scripts.com	Specialty drugs	Express Scripts (Accredo): Generic \$200 <u>copay</u> or Brand \$300 <u>copay</u>		None	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	\$250 <u>copay</u> plus 20%	None	
	Physician/surgeon fees	No Charge	20%	None	
If you need immediate	Emergency room care	\$25 <u>copay</u>	\$200 <u>copay</u> plus 20%	Copay waived if admitted. Deductible waived.	
medical attention	Emergency medical transportation	\$250 <u>copay</u> / trip	\$250 <u>copay</u> / trip	None	
	<u>Urgent care</u>	\$10 <u>copay</u>	\$40 <u>copay</u>	None	

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://app.strivebenefits.com/PHS">https://app.strivebenefits.com/PHS</a>

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Tier 1 Prime Healthcare (You will pay the least)	Tier 2 BCBS BlueCard (You will pay the most)	Information
If you have a hospital	Facility fee (e.g., hospital room)	No Charge	\$500 <u>copay</u> plus 20%	Pre-cert required. Unapproved days are not covered.
stay	Physician/surgeon fees	No Charge	20%	None
If you need mental health, behavioral	Outpatient services	\$10 <u>copay</u>	\$40 <u>copay</u>	Per office visit.
health, or substance abuse services	Inpatient services	No Charge	\$500 <u>copay</u> plus 20%	Pre-cert required. Unapproved days are not covered. Prime UM required.
	Office visits	No Charge (pre-natal)	No Charge (pre-natal)	Cost sharing does not apply to certain
If you are pregnant	Childbirth/delivery professional services	No Charge	20%	<u>preventive services</u> . Depending on the type of services, <u>coinsurance</u> may apply. Maternity
	Childbirth/delivery facility services	No Charge	\$500 <u>copay</u> plus 20%	care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20%	20%	100 visits max per cal year. Pre-cert is required. Unapproved days are not covered.
If you need help	Rehabilitation services	\$10 <u>copay</u> / No Charge at a Prime Facility	\$40 <u>copay</u>	Limited to 30 combined visits per cal year.
recovering or have	Habilitation services	Not Covered	Not Covered	None
other special health needs	Skilled nursing care	No Charge	20%	Pre-cert is required. Unapproved days are not covered.
	Durable medical equipment	20%	20%	Deductible waived.
	Hospice services	No Charge	Outpatient = No Charge Inpatient = 20%	Pre-cert is required for inpatient. Unapproved days are not covered. Prime UM required.
If your child needs	Children's eye exam	No Charge	No Charge	Eye refraction is not covered (preventive exam only).
dental or eye care	Children's glasses	Not Covered	Not Covered	Refer to VSP
	Children's dental check-up	Not Covered	Not Covered	Refer to Delta Dental

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://app.strivebenefits.com/PHS">https://app.strivebenefits.com/PHS</a>

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- All Tier 2 BCBS BlueCard Network services that were not reviewed and approved by Prime UM (except pediatric office visits, well woman exam, urgent care and emergency visits).
- Cosmetic surgery
- Dental Care (adult & child)

- Habilitation services
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (adult)
- Routine eye refractions (child)
- Routine foot care
- Services performed by an Out of Network provider, except ER care.
- Weight loss programs

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery (Prime facilities only)
- Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/heathreform">www.dol.gov/ebsa/heathreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u> which includes the following dedicated fax number 310-533-5755. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

## Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

The Plan and Plan Sponsor described in the Summary of Benefits and coverage comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. The Plan and Plan Sponsor does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

The Plan and Plan Sponsor:

Provide free aids and services to people with disabilities to communicate effectively with us, such as:

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at https://app.strivebenefits.com/PHS

- Qualified sign language interpreters; and
- Written information in other formats (large print, audio, accessible electronic formats, other formats).
- ⇒ Provide free language services to people whose primary language is not English, such as:
  - Qualified interpreters; and
  - Information written in other languages.

If you need these services, contact the Civil Rights Coordinator named in your Benefits Guide.

If you believe that the Plan or Plan Sponsor has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with the Civil Rights Coordinator named in your Benefits Guide. Contact information of the Civil Rights Coordinator can be found in the Benefits Guide.

You can file a grievance by mail or in person or fax or email. If you need help filing a grievance contact the Civil Rights Coordinator named in the Benefits Guide.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>

## **Language Access Services:**

## Spanish

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

## Tagalog - Filipino

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 번으로 전화해 주십시오. 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at https://app.strivebenefits.com/PHS

#### Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվձար կարող են տրամադրվել լեզվական աջակցության ծառայություններ։ Զանգահարեք 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### **Persian**

(TTY: 1-844-987-4123) 501025769, Pin 0679 (TTY: 1-844-987-4123) تماس بگیرید. توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد.

#### Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните. 1-844-203-2025, Acct # 501025769, Pin 0679 (ТТҮ: 1-844-987-4123)

#### **Japanese**

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。まで、電話にてご連絡ください。1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### **Arabic**

ملحوظة :إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان اتصل برقم

### Punjabi

ਧਿਆਨ ਦਿਓ :ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ ,ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ।' ਤੇ ਕਾਲ ਕਰੋ। 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Mon-Khmer Cambodian

ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតឈ្នួល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

## Hmong

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau1-1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Hindi

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। पर कॉल करें। 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

#### Thai

เรียน :ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-844-203-2025, Acct # 501025769, Pin 0679 (TTY: 1-844-987-4123)

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="https://app.strivebenefits.com/PHS">https://app.strivebenefits.com/PHS</a>

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist copayment	\$10
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$200	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$50	
The total Peg would pay is	\$250	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$10
■ Hospital (facility) coinsurance	0%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,700

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$1,000	
Coinsurance	\$10	
What isn't covered		
Limits or exclusions	\$80	
The total Joe would pay is	\$1,090	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$10
■ Hospital (facility) copayment	\$25
■ Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,600

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

## In this example, Mia would pay:

in this example, into would pay.		
Cost Sharing		
Deductibles	\$0	
Copayments	\$140	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$140	